

WHAT IS CLAIMED IS:

1. A vasodilator pharmaceutical composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from a seaweed selected from laver, wakame, edible brown algae, sea tangle, chlorella and spirulina.
2. A vasodilator health food composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from a seaweed selected from laver, wakame, edible brown algae, sea tangle, chlorella and spirulina.
3. A vasodilator pharmaceutical composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from a plant selected from soybean and sesame.
4. A vasodilator health food composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from a plant selected from soybean and sesame.
5. A vasodilator pharmaceutical composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from a fish selected from bonito, mackerel, saury and horse mackerel.
6. A vasodilator health food composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from a fish selected from bonito, mackerel, saury and horse mackerel.
7. A vasodilator pharmaceutical composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from milk proteins selected from powdered skim milk and whey.
8. A vasodilator health food composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from milk proteins

selected from powdered skim milk and whey.

9. A vasodilator pharmaceutical composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from an animal selected from cattle and swine.

10. A vasodilator health food composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins derived from an animal selected from cattle and swine.

11. A vasodilator pharmaceutical composition comprising, as an active ingredient, peptides obtained by hydrolyzing collagen-like proteins derived from bovine collagen, porcine skin collagen and fish scale-derived collagen.

12. A vasodilator health food composition comprising, as an active ingredient, peptides obtained by hydrolyzing collagen-like proteins derived from bovine collagen, porcine skin collagen and fish scale-derived collagen.